



# Bunny Hill Best Start Family Hub half-term timetable

**Monday 26<sup>th</sup> October – Friday 30<sup>th</sup> October 2026**

[Family.hubnorth@togetherforchildren.org.uk](mailto:Family.hubnorth@togetherforchildren.org.uk)

**Postcode: SR5 4BW – Telephone 0191 561 8126**



| Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| <p><b>Play Space with Sensory Room - drop In</b><br/>(0 – 5 years)<br/>9 – 10am<br/>10.30 – 11.30am</p> <p><b>Sensory Room -bookable</b><br/>(0 - 5 years)<br/>12 – 12.30pm<br/>12.30 – 1pm</p> <p><b>Halloween Glow Session – drop In</b><br/>(From walking)<br/>1 – 1.45pm</p> <p><b>Growing Healthy – drop in</b><br/>(under 2 years)<br/>1.30 – 3pm</p> <p><b>Sensory Room - bookable</b><br/>(0 - 25 years with SEND)<br/>3 – 3.30pm, 3.30 – 4pm<br/>4 – 4.30pm</p> | <p><b>Review &amp; Development Clinic–</b><br/>9.30 - 11:30am<br/>Please speak to your Health Visitor for an appointment</p> <p><b>Halloween Baby Stay and Play – drop In</b><br/>(Under 1 year)<br/>9.30 - 10:30am</p> <p><b>Welfare Rights</b><br/>9.30 - 11.30am<br/>To make an appointment please speak to Family Hub reception</p> <p><b>Buggy Walk – drop In</b><br/>(Under 1 year)<br/>10.30 – 11.30am</p> <p><b>Sensory Room - bookable</b><br/>(0 - 5 years)<br/>12 - 12.30pm, 12.30 - 1pm</p> <p><b>Halloween Time for Rhyme - bookable</b><br/>(Birth - crawling)<br/>1 – 1.45pm</p> <p><b>Halloween Post Natal Yoga – bookable</b><br/>2.30 - 3.30pm</p> | <p><b>Stop Smoking Support</b><br/>9 – 10am<br/>Drop in or contact the hub on 0191 561 8126 for an appointment</p> <p><b>Halloween Send Stay and Play - bookable</b><br/>10am – 11am</p> <p><b>Sensory Room - bookable</b><br/>(0 - 5 years)<br/>12 - 12.30pm and 12.30 - 1pm</p> <p><b>Boo-nes park Event -bookable (Barnes Park)</b><br/>0-5 years<br/>11am – 2pm</p> <p><b>Halloween Time for Rhyme - bookable</b><br/>(Birth - crawling)<br/>1 - 1.45pm</p> <p><b>Halloween Move to Rhyme – drop In</b><br/>(Crawling to pre walkers)<br/>2 - 2.45pm</p> <p><b>Antenatal Programme - bookable</b><br/>3.45 – 5.45pm<br/>To book call 03000 031552</p> | <p><b>Halloween Stay &amp; Play - drop In</b><br/>9.15 - 10.15am</p> <p><b>Sensory Room - bookable</b><br/>(0 - 5 years)<br/>12 - 12.30pm<br/>12.30 - 1pm</p> <p><b>Specialist Infant Feeding Clinic</b><br/>Appointments via Health Visitor</p> <p><b>Breastfeeding Support - drop in</b><br/>1 - 3pm</p> <p><b>Halloween Baby Messy/Sensory – drop in</b><br/>(0-1 Years)<br/>1.30 - 2.30pm</p> <p><b>Pregnancy Yoga for Beginners + bookable</b><br/>4 - 5pm</p> | <p><b>Halloween Post Natal Yoga - bookable</b><br/>9.30 - 10.30am</p> <p><b>Play Space and Sensory Room – drop in</b><br/>11am – 12pm</p> <p><b>Sensory Room - bookable</b><br/>(0 - 5 years)<br/>12 - 12.30pm<br/>12.30 - 1pm</p> <p><b>Play Space and Sensory Room – drop in</b><br/>1pm – 2.30pm</p> <p><b>Sensory Room - bookable</b><br/>(0 - 25 years)<br/>3 - 3.30pm<br/>3.30 - 4pm</p> <p><b>Stop Smoking Support</b><br/>Contact the hub on 0191 561 8126 for an appointment</p> |

## Social media

Please check [www.linksforlifesunderland.co.uk/familyhubs](http://www.linksforlifesunderland.co.uk/familyhubs)  
Follow Sunderland Family Hubs on Facebook and Instagram.

## Parenting Support

From pregnancy to age 19, our Parenting and Relationships Team is here to help with free advice and support.  
Call **0191 561 7005** or email [citywideparentingreferrals@togetherforchildren.org.uk](mailto:citywideparentingreferrals@togetherforchildren.org.uk).

