



Thorney Close Best Start Family Hub Summer Timetable

Monday 27th July - Friday 4th September 2026
Family.hubwest@togetherforchildren.org.uk
SR3 4JQ - 0191 561 4127



Monday	Tuesday	Wednesday	Thursday	Friday
Play Space (0 - 5 years) 9am - 12pm & 1 - 4pm Sensory Room 9am - 12pm - Drop In 12.30 - 4.30pm - Bookable (30 minute slots) Stay & Play (0 - 8 years) 10 - 11am Baby Messy/Sensory (Under 1 year) 1.30 - 2.15pm Gro Brain (Pregnant or with babies 0 - 12 months) 27th July - 17th August 12.45 - 2.45pm Bookable	Play Space (0 - 5 years) 9am - 12pm & 1 - 4pm Sensory Room 12.30 - 4.30pm - Bookable (30 minute slots) Move to Rhyme (crawling - pre walking) 9.45 - 10.30am Time for Rhyme (0 - crawling) 11 - 11.45am Breastfeeding Support Drop In 10am - 12pm Play Matters 5 week Programme - Bookable 4th Aug - 1st Sept - 10am - 12pm Introduction to Solid Food 4th August 1 - 2pm To book call 0300 0031552 Antenatal Programme Starts 11th August 3.45 - 5.45pm To book call 0300 0031552	Stop Smoking Support Drop In 8.30 - 9.30am Play Space (0 - 5 years) 9am - 12pm & 1 - 4pm Sensory Room 9am - 12pm - Drop In 12.30 - 4.30pm - Bookable (30 minute slots) Super Communicators (18 month - 3 years) 9.30 - 10.30am (Referral) Growing Healthy - Drop In 10 - 11.30am Summer Fest Lambton Street Youth Hub 19th August 12 - 4pm School Ready Skills (6 week Programme) 1 - 2.30pm - Bookable Welfare Rights 1 - 5pm Time for Rhyme (0 - crawling) 1.30 - 2.15pm	Play Space (0 - 5 years) 9am - 12pm & 1 - 4pm Sensory Room 9am - 12pm - Drop In 12.30 - 4.30pm - Bookable (30 minute slots) Buggy Walk 10-11am Meet at Silksworth Community Pool 10am Review & Development 1 - 3pm (Book via Health Visitor) Thorney Close Summer Fayre 30th July 1.30 - 3pm Tobacco Dependency Treatment Service - referral Stop Smoking Support Drop In 4 - 5pm (or contact the Hub for an appointment)	Play Space (0 - 5 years) 9am - 12pm & 1 - 3pm Sensory Room 9am - 12pm - Drop In 12.30 - 3pm - Bookable (30 minute slots) Baby Massage 31st July - 28th August 5 week course (6 weeks - 6 months) 10 - 11am - Bookable Young Mams 'n' Dads - Drop In (14 - 22 years) 1.30 - 2.30pm

Social media

Follow Sunderland Family Hubs
on Facebook and Instagram.



Find out more at
www.linksforlifesunderland.co.uk/familyhubs

Saturdays @ Rainbow Family Hub

- Stay & Play 10 - 11am - Every week
- Dad's and Little 'uns - 1st August- 10 - 11.30am