



Bunny Hill Best Start Family Hub Summer Timetable

Monday 27th July - Friday 4th September 2026

Family.hubnorth@togetherforchildren.org.uk

SR5 4BW - 0191 561 8126



Monday	Tuesday	Wednesday	Thursday	Friday
Play Space with Sensory Room - Drop in (0 - 5 years) 9 - 10am and 10.30 - 11.30am Introducing Solid Foods (around 6 months) 10th August 10am - 11am Bookable 03000031552 Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm & 12.30 - 1pm Growing Healthy Drop In 1.30 - 3pm Baby Massage - Bookable (0 - 12 months) 1 - 2pm Busy Bodies (walking - 5 years) 2.15 - 3pm Sensory Room - Bookable (0-25 years with parents/carers) 3 - 3.30pm, 3.30 - 4pm, 4 - 4.30pm	Review & Development Clinic 9.30 - 11:30am (Please speak to your Health Visitor for an appointment) Buggy Walk 9.30 - 10.30am Welfare Rights (Referral required) 9.30 - 11.30am Gro Brain - Bookable (Pregnant or with babies 0 - 12 months) Online/Teams 10am - 12pm Baby Stay & Play (0 - 1 year) 10.30 - 11.30am Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm & 12.30 - 1pm Time for Rhyme - Bookable (0 - crawling) 1 - 1.45pm Post Natal Yoga - Bookable 2.30 - 3.30pm	Stop Smoking Support Drop In 9 - 10am (or contact the Hub for an appointment) SEND Stay & Play (except 12th August) 10 - 11am Summer Fest Hylton Castle 12th August - 12 - 4pm Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm & 12.30 - 1pm Time for Rhyme - Bookable (0 - crawling) 1 - 1.45pm Move to Rhyme - Drop in (crawling to pre walkers) 2 - 2.45pm Antenatal Programme 3.45 - 5.45pm To book call 03000 031552	Stay & Play - Drop in (Except 20th August) (0 - 5 years) 9.15 - 10.15am Gro Brain - Bookable (Pregnant or with babies 0 - 12 months) 9.30 - 11.30am Bunny Hill Summer Fayre 20th August 9.30 - 11.30am Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm & 12.30 - 1pm Specialist Infant Feeding Clinic Appointments via 0-19 service Breastfeeding Support - Drop In 1 - 3pm Play Matters 5 week Programme Starts 23rd July 1 - 2.30 Bookable Pregnancy Yoga for Beginners - Bookable 4 - 5pm	Baby Sensory 9.30 - 10.30am Play Space Drop in (0 - 5 years) 11am - 12pm Tobacco Dependency Treatment Service Appointment only Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm & 12.30 - 1pm Play Space Drop in (Except 14th August) (0 - 5 years) 1 - 2pm Sensory Room - bookable (0-25 years with parents/carers) 3 - 3.30pm & 3.30 - 4pm

Social media

Please check www.linksforlifesunderland.co.uk/familyhubs
Follow Sunderland Family Hubs on Facebook and Instagram.



Saturdays @ Rainbow Family Hub:

- Stay & Play 10 - 11am - Every week
- Dad's and Little'uns - 1st August- 10 - 11.30am