



Rainbow Best Start Family Hub Timetable

May Half Term 2026

Family.hubwashington@togetherforchildren.org.uk

Postcode: NE37 3AE Telephone: 0191 561 3995

together for
children
SUNDERLAND



Monday 25th May	Tuesday 26 th May	Wednesday 27 th May	Thursday 28 th May	Friday 29 th May
<p>Bank Holiday</p>	<p>Pregnancy Wellbeing Session 10 - 11am Bookable</p> <p>Family Fun Event (0 - 8 years) 10 - 11.30am</p> <p>Play Space & Sensory Room 1 - 3pm Drop In</p> <p>Antenatal Programme 3.45 - 5.45pm To book call 03000 031552</p> <p>Stop Smoking Support Please contact the hub on 0191 5613995 to make an appointment.</p>	<p>Play Space & Sensory Room 9 - 11.30am Drop In</p> <p>Coffee Morning Drop-in 9.30 - 11.30am</p> <p>Review & Development Clinic 10 - 11.30am / Bookable</p> <p>SEND Play Space (Parent led - 0-4yrs) 10 - 11.30am</p> <p>Baby/Sensory Messy Play (0- to pre walkers) 1.30- 2.15pm</p> <p>Play Space & Sensory Room 1 - 3pm Drop In</p>	<p>Stay & Play Marlborough Park Sulgrave flats (0 - 5 years & older siblings welcome) 9.15 - 10.15am</p> <p>Growing Healthy - Drop In 10 - 11.30am</p> <p>Play Space & Sensory Room (0 - 5 years) Drop in 1 - 3pm</p> <p>Move to Rhyme (Crawling to pre-walking) 1.45 - 2.30pm</p> <p>Bread & Butter Thing 2 - 2.30pm To reserve a bag text 07507237311</p>	<p>Play Space & Sensory Room (0-5 yrs) 9 -11.30 am</p> <p>Baby Stay and Play (Under 1 year) 1.30-2.30pm</p> <p>Play Space & Sensory Room (0-5 yrs) 1 - 3pm</p>

Social media

Follow Sunderland Family Hubs on Facebook and Instagram.



Find out more at www.linksforlifesunderland.co.uk/familyhubs

