



Coalfield Best Start Family Hub Timetable

May Half Term 2026

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together for
children
SUNDERLAND



Monday 25th May	Tuesday 26 th May	Wednesday 27 th May	Thursday 28 th May	Friday 29 th May
Bank Holiday	<p>Tobacco Dependency Service 9am - 4pm Referral only</p> <p>Baby Messy Play/Sensory (0 - 12 months) 9.30 - 10.15am</p> <p>Sensory Room Bookable (0-5 years) 9.30 - 10am 10.15 - 10.45am 11 - 11.30am</p> <p>Busy Bodies (Walkers - 5 years) 11 - 11.45am</p> <p>Play Space & Sensory Room (0 - 5 years) 1 - 2.30pm</p> <p>Sensory Room - Bookable (0-25 years with parents/carers) 3.30 - 4pm 4.15 - 4.45pm</p>	<p>Sensory Room - Bookable 9.30 - 10 10.15 - 10.45 11- 11.30am</p> <p>Move to Rhyme (Crawling - Walking) 10 - 10.45am</p> <p>Introduction to Solids 1 - 2pm To book please call 0300 0031552</p> <p>Sensory Room - Bookable 1.15 - 1.45pm, 2 - 2.30 2.45 - 3.15, 3.30 - 4, 4.15 - 4.45pm</p> <p>Time for Rhyme (Birth- pre crawling) 1.45 - 2.30pm</p>	<p>Welfare Rights - Referral 9am -12noon</p> <p>Play Space & Sensory Room Drop in (0 - 5 years) 9.30 - 11.30am</p> <p>Stop Smoking Support Drop in 9.30 - 11.30am</p> <p>Breastfeeding Support Drop in 10am - 12noon</p> <p>Stay & Play (0 - 8 years) 1.30 - 2.30pm</p> <p>Ante Natal Programme Bookable 3.45 - 5.45pm To book please call 0300 0031552</p>	<p>PlaySpace&SensoryRoom Drop in (0 - 5 years) 9.30 - 11.30am</p> <p>Growing Healthy Drop In 10 - 11.30am</p> <p>Sensory Room - Bookable (0-25 years with parents/carers) 1.15 - 1.45pm 2-2.30pm 2.45 - 3.15pm</p> <p>Time for Rhyme (Birth- pre crawling) 1.30 - 2.15pm</p>

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