

Monday 25th May	Tuesday 26 th May	Wednesday 27 th May	Thursday 28 th May	Friday 29 th May
<p>Bank Holiday</p>	<p>Review & Development Clinic 9.30 - 11:30am (Please speak to your Health Visitor for an appointment)</p> <p>Welfare Rights 9.30 - 11.30am Referral</p> <p>Baby Stay & Play (Birth - pre walkers) 10.30 - 11.30am - Drop in</p> <p>Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm 12.30 - 1pm</p> <p>Pregnancy Wellbeing Session 1 - 2pm Bookable</p> <p>Post Natal Yoga 2.30 - 3.30pm Bookable</p>	<p>Play Space 9 - 11.30am - Drop In</p> <p>Colour Fun Thompson Park SNYP 11am - 2pm</p> <p>Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm, 12.30 - 1pm</p> <p>Time for Rhyme (0 - crawling) 1 - 1.45pm Bookable</p> <p>Move to Rhyme (crawling to pre walkers) 2 - 2.45pm Drop in</p> <p>Antenatal Programme 3.45 - 5.45pm To book call 03000 031552</p> <p>Stop Smoking Support Contact the hub on 0191 561 8126 to make an appointment</p>	<p>Family Stay & Play 9.30 - 10.30am Drop in</p> <p>Sensory Room (0 - 5 years) 12 - 12.30pm 12.30 - 1pm Bookable</p> <p>Specialist Infant Feeding Clinic Appointments via Health Visitor</p> <p>Breastfeeding Support Drop In 1 - 3pm</p> <p>Ready, Steady, Active Play Crawling - 5 years 1.30 - 2.30pm Drop in</p> <p>Pregnancy Yoga for Beginners 4 - 5pm Bookable</p>	<p>Post Natal Yoga 9.30 - 10.30am Bookable</p> <p>Sensory Room - Bookable (0 - 5 years) 12 - 12.30pm 12.30 - 1pm</p> <p>Baby Sensory Drop In (Birth - pre walkers) 1.30 - 2.30pm</p> <p>Sensory Room - Bookable (0 - 25 years) 3 - 3.30pm 3.30 - 4pm</p>

Social media

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