


Theme 3 Drugs, Alcohol and Smoking		Youth Drug and Alcohol Project	
Service Overview			
YDAP (Together for Children)	The Youth Drug and Alcohol Project (YDAP) is a service which offers help and advice about alcohol and drugs for young people, parents or carers. The YDAP team offers specialist services for young people (aged up to 18 years old or 25 if care experienced) living in the Sunderland area.		
Education and Interventions		Service Contact Details and Referral Criteria	Assessments
YDAP	<p><b>Prevention:</b> Preventative work focuses on preventing/delaying substance use. This could be described as a universal approach. YDAP would not necessarily deliver this type of work directly but will seek to support services offering this type of universal/preventative approach.</p> <p><b>Targeted:</b> Focused work on specific groups – specifically young people identified as at risk of substance use, or evidence of early experimentation. Seeks to educate and prevent further substance use. YDAP also offer Structured Interventions for young people with more complex use.</p> <p>YDAP will meet young people anywhere. This might be at home, at school, at a youth club etc, where they are comfortable. Methods include: One-to-one Brief Interventions and extended brief interventions. Targeted Group Work (Alcohol/Cannabis/Wider Drugs Education) One-to-one structured care planned treatment (psychosocial, multi-agency)</p>	<p><a href="#">Youth Drug and Alcohol Project - Together for Children</a></p> <p><a href="http://www.ydapsunderland.org.uk">www.ydapsunderland.org.uk</a></p> <p>Email: <a href="mailto:ydap.project@togetherforchildren.org.uk">ydap.project@togetherforchildren.org.uk</a></p> <p>YDAP works with young people whose substance use is impacting on their life in a negative way, such as:</p> <ul style="list-style-type: none"><li>• Physical or mental health</li><li>• Housing</li><li>• Family</li><li>• Education</li><li>• Offending behaviour</li></ul>	<p>Screening via referral form. A holistic, comprehensive assessment is completed with the young person. Agree plan of action to achieve what is required for brief intervention/ extended intervention/care plan for structured treatment.</p>
KS3 and KS4			
Building Capacity and Training Training for professionals working with children, young people, and families			

Training for young people as peer educators	
YDAP	Training for professionals includes a 1 hour drug and alcohol awareness session. To book a course, please visit the professional section of the YDAP Website and make a request. <a href="http://ydapsunderland.org.uk">Sunderland Youth Drug and Alcohol Services - YDAP (ydapsunderland.org.uk)</a>

Theme 3 Drugs, Alcohol and Smoking		Northumbria Police
Service Overview		
Police	The lessons that Northumbria Police PTE team deliver link into the RSHE curriculum, so that young people get maximum benefit from the input. These sessions cover a range of topics including drugs and alcohol.	
Education and Interventions		Service Contact Details and Referral Criteria
Police	<b>Prevention:</b> Classroom based sessions on drugs and alcohol at a universal level.	<a href="mailto:school.liaison@northumbria.pnn.police.uk">school.liaison@northumbria.pnn.police.uk</a>
KS3 and KS4	<b>Targeted:</b> Specific sessions for groups of young people who are at risk of using drugs, specifically focused on harms, the law, and criminal exploitation including County Lines).	

Theme 3 Drugs, Alcohol and Smoking		Sunderland Specialist Stop Smoking Service (SSSS) (Northumbria Healthcare NHS Foundation Trust)	
Service Overview			
SSSS	Sunderland Specialist Stop Smoking Service offer smoking cessation support for young people aged 12 years and over.		
Education and Interventions		Service Contact Details and Referral Criteria	
SSSS	<p><b>Prevention:</b> Support to schools to inform children and young people about the facts on vaping, including, assemblies, workshops, and sessions for teachers. Also including the harms of smoking. Advice to schools to identify where smoking/vaping messages can be incorporated into curriculum.</p> <p><b>Targeted:</b> Focused, one-to-one smoking cessation support for young people aged 12 years and over who smoke.</p>		<p><a href="http://www.sunderlandstopsmokingservice.co.uk">www.sunderlandstopsmokingservice.co.uk</a> Telephone: 0191 5671057 Freephone: 0800 169 9913 Email: <a href="mailto:sunderland.stopsmokingservice@nhs.net">sunderland.stopsmokingservice@nhs.net</a></p>
KS3 and KS4 (plus KS2 for general advice)			
Building Capacity and Training Training for professionals working with children, young people, and families Training for young people as peer educators			
SSSS	<p>Training for professions can be found in the professional area of the website and includes Smoking Brief Advice training at <a href="http://www.sunderlandstopsmokingservice.co.uk">www.sunderlandstopsmokingservice.co.uk</a> There are sessions for teachers and other professionals working with children and young people on the facts about vaping.</p> <p>If you have a request for Smoking Cessation, MECC or Connect 5 Training for your staff, please email us at <a href="mailto:sunderland.stopsmokingservice@nhs.net">sunderland.stopsmokingservice@nhs.net</a></p>		

Theme 3 Drugs, Alcohol and Smoking		Growing Healthy Sunderland - 0-19 Public Health Service	
Service Overview			
Growing Healthy Sunderland - 0-19 Public Health Service	Growing Healthy Sunderland 0-19 Public Health Service provide a range of health promotion to school age children and their families. The School Nursing Offer provides support to all children and young people through an educational setting or community-based provision in Sunderland, delivered through high quality, evidence-based interventions which support families and identify and respond appropriately to need. Key themes for the school population are identified using health profiling, bringing together local intelligence relevant public health data to identify the needs of the school population.		
Education and Interventions		Service Contact Details	Referral Criteria and Assessments
Growing Healthy Sunderland - 0-19 Public Health Service	<p><b>Prevention:</b></p> <p>The universal offer aims to support children, young people and families to identify and understand future consequences of health-related behaviours such as drugs, alcohol and smoking and enable them to make positive choices through providing information and techniques to adopt healthy, enhancing behaviours.</p>	<p>To speak to a school nurse or make a referral through the Single Point of Contact Tel:- 03000 031552</p> <p>For more information visit:</p>	<p>Referrals to the service can be completed on the form below and sent to <a href="mailto:spoc.hdftsunderland@nhs.net">spoc.hdftsunderland@nhs.net</a></p>
KS1, KS2, KS3 and KS4	<p>Growing Healthy Sunderland (GHS) offer schools an assembly at the start of the school year, to promote the service and how to access the school nursing service. This can be repeated if there is an emerging need within a school population and at transition points.</p> <p>GHS offer a weekly drop-in session at each secondary school in Sunderland, where the practitioners provide health promotion in relation to Health and Wellbeing and include information regarding health-related behaviours including smoking, drugs and alcohol.</p> <p><b>Targeted:</b></p> <p>Where additional need or vulnerability is identified, via self-referral or information sharing from partners regarding increased risk to health safety and wellbeing, the service provides targeted preventative intervention in collaboration with key partners. The service would also assist access to specialist services and plan coping strategies to prevent further ill health or relapse.</p>	<p><a href="https://www.hdft.nhs.uk/services/childrens-services/growing-healthy-sunderland/">https://www.hdft.nhs.uk/services/childrens-services/growing-healthy-sunderland/</a></p> <p><a href="https://hdftchildrenshealthservice.co.uk/">https://hdftchildrenshealthservice.co.uk/</a></p> <p><a href="https://www.facebook.com/GrowingHealthySunderland/">https://www.facebook.com/GrowingHealthySunderland/</a></p>	<div> 5-19%20Sunderland %20Referral.doc</div> <p><b>Assessment:</b></p> <ul style="list-style-type: none"><li>• School Health Profiles</li><li>• Vulnerable Young Persons Pathway</li><li>• Holistic Family Health Needs Assessment, inclusive of the risk and analysis from Adverse Childhood Experiences and a cumulative risk assessment.</li><li>• Referral to paediatrics and YDAP</li></ul>

**Brief Intervention and advice.**

- Ongoing one to one support whilst awaiting specialist support from specialist service.

