

Theme 1: Staying Safe and General Wellbeing		Together for Children
Service Overview		
The Together for Children Early Help Service offers advice, support and direct interventions at the earliest point of identified need. The aim of Early Help is to support families to support themselves, to prevent problems escalating and to reduce the numbers needing statutory interventions.		
Education and Interventions		Service Contact Details and Referral Criteria
Early Help	Targeted Early Help intervention can be provided by Together for Children to support children, young people and families, where the current worries cannot be supported by a universal service. Early Help sits within Level 2 (the green boxes in the threshold document). Reading this will give you a sense of the types of issues that should be addressed by offering Early Help. It is recommended that all professionals working with children, young people and families familiarise themselves with the thresholds of need. The threshold of need guidance can be found here. SSCUP Multi-Agency Guide to our Threshold of Needs September 2022.pdf (togetherforchildren.org.uk) There is an offer of a wide range of parenting courses. For advice on these courses please contact Parenting and Relationships Team on 0191 561 7005.	As of September 2024, the Early Help Service no longer accepts referrals from: <ul style="list-style-type: none">Partners in the universal services, including schoolsParents and carersGPs or other health services, including Sunderland Community Children and Young People’s Mental Health Service and Children and Young People’s Service. What is accepted are step-ups from universal Early Help work, which has been accessed and is no longer enough to support a family’s needs. Similar to other processes familiar to schools, Early Help will need to see evidence of the work schools have done with a family already, over a period of time, and reasons why this work has not been effective or has ceased to be effective. Early Help offer a Family Group Conference and Mediation service. This service overview and referral can be found on the Together for Children website. https://www.togetherforchildren.org.uk/media/25427/Family-Group-Conference-Service All other Early Help enquires can be accessed by calling Early Help, Advice and Allocations Team on 0191 561 4084 or email EHAAT@togetherforchildren.org.uk .
KS1, KS2, KS3 and KS4		
Safeguarding in Sunderland	Here is the link to the Sunderland Safeguarding Children Partnership - Home Page (safeguardingchildrensunderland.com)	
Building Capacity and Training <ul style="list-style-type: none">Training for professionals working with children, young people, and familiesTraining for young people as peer educators		

SSCP	The Sunderland Safeguarding Children Partnership - E-learning Courses (safeguardingchildrensunderland.com) has a range of training that can be accessed.
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Theme 1: Staying Safe and General Wellbeing		Sunderland Healthy Schools Award
Service Overview		
<p>The Sunderland Healthy School Award has been developed by a local multi-agency group of health, education and social care professionals to support Sunderland schools to establish a positive, healthy school environment. In addition, the award recognises the dedication of schools within the city to the health and wellbeing of their pupils, staff and local communities. Participation in the award will also support schools to prepare for Ofsted inspections, as each charter has been developed in line with Ofsted guidance, and physical health, mental health and emotional wellbeing are all key components of Ofsted's common inspection framework.</p>		
Education and Interventions		
Anti-Bullying Charter Mark	<p>The Anti-Bullying Charter Mark is a tool created by young people to help schools and other establishments showcase the work they do to prevent bullying. Awarded by young people, it involves the whole school community in bringing about positive change.</p> <p>https://www.togetherforchildren.org.uk/services/anti-bullying-charter-mark</p>	
KS1, KS2, KS3 and KS4		
Sunderland RSHE Charter Mark	<p>The Sunderland Relationship, Sex and Health Education Charter Mark has been developed by a local multi-agency group of public health practitioners, health professionals and education professionals. This charter has been developed to support and enhance delivery of Relationship, Sex and Health Education, in line with the national statutory guidance for educational settings. It covers elements of health education not included in the other Sunderland Healthy Schools Award charters, such as risk-taking behaviour (e.g. drug and alcohol misuse). In addition, the charter recognises the dedication of schools within the city in contributing towards the health and wellbeing of their pupils, staff and local communities.</p> <p>https://www.togetherforchildren.org.uk/rshe-charter-mark</p>	
KS1, KS2, KS3 and KS4		

Theme 1: Staying Safe and General Wellbeing		Infrastructure & Transportation
Service Overview		
Road Safety (SCC)	The Road Safety team deliver informal education sessions to improve children and young people's skills and awareness on the roads.	
Education and Interventions		Service Contact Details
Infrastructure & Transportation	<p>Prevention</p> <p>Bikeability Cycle Training</p> <p>Bikeability is a cycle training programme giving children the skills and confidence for all kinds of cycling. The training programme is generally carried out over a period of 4 days, but on occasion, this can be extended to a 2-week period for schools that have a 2 Class entry and have more than 30 children in the year group.</p> <p>There are three Bikeability levels, each designed to improve cycling skills, no matter what is known already. Levels 1, 2 are provided to years 5 or 6 and Level 3 to years 7 and 8 and takes trainees from the basics of balance and control, all the way to planning and making an independent journey on busier roads.</p> <p>Child Pedestrian Programme for primary schools.</p> <p>Walkwise is a 6-week child pedestrian programme predominantly targeted at year 1 and year 2 children, as an introduction to road safety. This involves pupils understanding the basic principles of Stop, Look, Listen and Think and an introduction of the Safer Places to cross. We offer this training to every primary/infant school.</p> <p>We also offer a second programme in conjunction with trainers from Gateshead known as Go Smarter, which is a 6-week child pedestrian programme aimed at year 3 and year 4 children. The aim of this programme is to help children develop skills and strategies through discussion and practice, providing the experiences where they can learn in a safe but realistic environment.</p> <p>We also offer assemblies and talks within schools when requested.</p> <p>The road safety element is also part of the Safety Works! Year 6 session.</p>	<p>Bikeability - gemma.strong@sunderland.gov.uk</p> <p>Child Pedestrian Programme - karen.turnbull@sunderland.gov.uk. The team of trainers have a rolling programme with their allocated schools.</p>
KS2 & KS3		




Theme 1: Staying Safe and General Wellbeing		Northumbria Police
Service Overview		
Northumbria Police	The Prevention Through Education (PTE) Team <p>The lessons that Northumbria Police's PTE team deliver link into the RSHE curriculum, so that young people get maximum benefit from the input. These sessions cover a range of topics including Knife Crime, Drugs Awareness, Internet Safety (appropriate social media use for upper KS2 and sharing inappropriate images for KS3+) and Respectful Relationships.</p>	
Education and Interventions		Service Contact Details
Northumbria Police	Prevention Through Education KS2 Safe relationships, friendships. <p>For Y6 delivered at Safety Works!: An interactive scenario-based lesson looking at Peer Pressure and consequences of crime. This lesson helps students to understand pressures from peers and family to participate in criminal and unsafe situations, as well as how to recognise such behaviours whilst emphasising that young people have a choice.</p> <p>KS3 Managing risk, personal safety, social influences</p> <p>For Y8+ delivered at SafetyWorks!: A discussion-based session on drugs awareness which aims to dispel myths about drugs (both legal and illegal) and the taking of them. Includes messaging about how to look after each other and get support when needed.</p> <p>KS2/3/4/5 Safe relationships, managing risk, media literacy/digital resilience</p> <p>For Y5/6: A session 'The Internet and Us' which discusses the safe and appropriate use of social media, getting students to think about what's safe and appropriate to share, and to consider with whom they are interacting online. Also discusses the legal and personal consequences of sharing certain content online.</p> <p>KS2/3/4/5: Managing risk, personal safety, social influences</p> <p>Sessions covering topics such as Knife Crime and Drugs Awareness. The aim of the sessions is to help students understand the risks associated with these activities and the legal consequences as well as the effect on friends, family and the wider community.</p>	<p>As well as working within schools, the PTE Advisers work at the Safety Works! facility.</p> <p>The team's coordinators can be reached at: school.liaison@northumbria.police.uk</p>
KS1, KS2, KS3 and KS4		

	<p>For KS3+: The 'Sharing Images' session focuses on the phenomenon of young people under the age of 18 sharing intimate images of themselves: why they do it, and the potential personal and legal consequences. Signposting to support is included.</p> <p>YOLO – You Only Live Once</p> <p>An early intervention programme delivered by Newcastle United Foundation, and Sunderland's the Foundation of Light. The 20-week programme works with young people who are at risk of being drawn into knife or violent crime, supporting them to make positive life choices that divert them away from criminal activity and provide opportunities for their future. Young people must fulfil the following criteria in order to be considered for the programme:</p> <ul style="list-style-type: none"> • aged 10 to 16 years • at risk of engaging in serious/violent crime • there is strong intelligence that they may be carrying weapons • they must not have been through the court process. <p>Referrals are made via the Neighbourhood Policing Team for young person's home address.</p> <p>Additional resources:</p> <p>Northumbria Police has recently signed up to a free-to-schools repository of lessons that teachers can deliver themselves. Topics are all personal safety/understanding the law/relationships-related. They have been written by teachers in collaboration with West Yorkshire Police. The website A positive force in education Pol-Ed - A positive force in education gives more detail. We are currently promoting it to schools to encourage them to sign up and use the resources as part of their PSHE curriculum.</p>	
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Theme 1: Staying Safe and General Wellbeing		Youth Offending Service Prevention
Service Overview		
YOS Prevention (Together for Children)	<p>YOS Prevention consider referrals for individual children and young people aged 10 to 17 years, who are not previously known to the Criminal Justice system. Referrals are accepted from multi agency professionals; Police and ASB teams, as well as schools, health and families directly. The work is facilitated one to one, with an aim to preventing/reducing anti-social behaviour in the community.</p> <p>YOS Prevention can facilitate group sessions within schools with a Service Level Agreement, which is offered at the request of specific schools as it is dependent on capacity within the team.</p>	

Education and Interventions		Service Contact Details and Referral Criteria	Assessments
YOS Prevention	<p>Prevention: Preventative work focuses on preventing/reducing anti-social behaviour in the community. This is a voluntary intervention delivered through one-to-one referrals. Age range considered from 10 to 17 years for children & young people (CYP) not previously known to YOS((Criminal Justice System). To target those young people most in need and recognising child first principles, we cannot accept referrals from children and young people currently open to Early help or Children's social care</p> <p>Targeted: Referrals from partner agency/ professionals for young people of concern, displaying ASB in the community. YOS-Prevention provides targeted one to one work sessions in homes/schools/community settings. Intervention plans are individualised to each young person. Informed by undertaking an individualised assessment of needs and risk, underpinning behaviour.</p>	<p>A referral form is available on the TfC website, which can be completed Anyone wishing to discuss a referral please contact via e mail to Prevention.YOS@togetherforchildren.org.uk</p> <p>Or via Duty No. 07880267815</p> <p>Referral form - on Together for Children website to be completed by referrer. https://www.togetherforchildren.org.uk/YOS</p>	<p>Holistic assessment completed once consent has been obtained from Parent/Carer and Young person</p> <p>Assessments are completed prior to delivery of interventions.</p> <p>Referrals including Acceptable Behaviour Agreement (ABA) from Northumbria Police Neighbourhood Teams or from Operation Gryphon list.</p> <p>Direct contact by Police for children with emerging Anti-Social Behaviour (ASB) behaviour.</p> <p>Operation Divan referrals - onward referrals to specialist agencies as well as direct one to one ASB work.</p> <p>Partner agency referrals for eligible young people; not previously known to Criminal Justice system or current to EH or CSC.</p>
KS2, KS3 and KS4			

Theme 1: Staying Safe and General Wellbeing		Growing Healthy Sunderland - 0-19 Public Health Service
Service Overview		
Growing Healthy Sunderland - 0-19 Public Health Service	<p>Growing Healthy Sunderland 0-19 Public Health Service provide a range of health promotion to school age children and their families. The School Nursing Offer provides support to all children and young people through an educational setting or community-based provision in Sunderland, delivered through high quality, evidence-based interventions which support families and identify and respond appropriately to need. Key themes for the school population are identified using health profiling, bringing together local intelligence relevant public health data to identify the needs of the school population.</p>	

Education and Interventions		Service Contact Details	Assessments and Referral Criteria
<p>Growing Healthy Sunderland - 0-19 Public Health Service</p> <p>KS1, KS2, KS3 and KS4</p>	<p>Prevention The universal offer aims to support children, young people and families to make positive choices about health-related behaviours; the service delivers universal health promotion sessions relating to staying safe, healthy relationships and sexual health. Sessions aim to provide information and techniques to support health and wellbeing through adopting health enhancing behaviours and choices.</p> <p>Growing Healthy Sunderland (GHS) offer schools an assembly at the start of the school year, to promote the service and how to access the school nursing service. This can be repeated if there is an emerging need within a school population and at transition points.</p> <p>Puberty sessions are offered to all pupils in Years 5 and 6.</p> <p>GHS deliver drop-in sessions in secondary schools, providing health promotion in relation to staying safe and behaviours which pose risk to health and wellbeing. The drop-in sessions are offered face to face in secondary schools. Health promotion at the drop in sessions includes information regarding sexual health, contraception, fertility, personal safety, healthy relationships and bullying, and risk-taking behaviours.</p> <p>Targeted GHS provide additional targeted support and guidance to those identified as having additional need or who are at risk; young people and parents/ carers can self-refer to the service and partner agencies can refer to the service using the referral form.</p> <p>GHS offer educational group sessions and one to one support where needs are identified through referral and</p>	<p>Speak to a school nurse or make a referral through the Single Point of Contact Tel:- 03000 031552</p> <p>For More Information visit:</p> <p>https://hdftchildrenshealthservice.co.uk/</p> <p>https://www.hdft.nhs.uk/services/childrens-services/growing-healthy-sunderland/</p> <p>https://www.facebook.com/GrowingHealthySunderland/</p>  	<p>Growing Healthy Sunderland practitioners support and complete onward referrals to partner agencies e.g. Sexual Health Services, C Card Distribution points, Maternity services, VCS & GP's.</p> <p>Referrals to the service can be completed on the for below and sent to spoc.hdftsunderland@nhs.net</p>  <p>5-19%20Sunderland %20Referral.doc</p> <p>Assessment:</p> <ul style="list-style-type: none"> • School Health Profiles • Assessment of Gillick / Fraser competence • Holistic Family Needs Health Assessments (FNHA) & risk assessment of Adverse Childhood Experiences (ACE's) • Emotional resilience assessment (Warwick Edinburgh) • Referral to paediatrics • Assessment for risk of Child Sexual Exploitation (CSE)

	<p>school health profiles. The service provides group sessions targeted at a particular topic and year group where there are emerging needs.</p> <p>They assist young people to access specialist services and plan coping strategies to prevent further ill health or relapse.</p> <p>GHS deliver C Card sign up and distribution and Emergency Hormonal Contraception.</p> <p>Where Special Educational Needs and Disabilities (SEND) is identified, individualised needs are assessed and the service offer is delivered to address specific individual need. Practitioners from the SEND team work with families and partners to plan targeted intervention where Gillick or Fraser competence is not evidenced.</p> <p>Universal and targeted interventions are delivered by the Growing Health Vulnerable Young Person Nurse to small groups and during one to one intervention in the Pupil Referral Unit. Topics include sexual health, keeping safe and managing risk-taking behaviour.</p> <p>Growing Healthy Emotional Health and Resilience Nurses offer Friend's programme regarding bullying, friendships, and healthy relationships.</p>		
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Theme 1: Staying Safe and General Wellbeing		Careers and NEET
Service Overview		
Careers and NEET Service (Together for Children)	Together for Children (TfC) Careers and NEET Service provides independent, impartial careers education, information, advice, and guidance (CEIAG) to pupils and young people aged 13 to 18 years who are identified as belonging to a 'vulnerable group' and to those between 19 and 25 years with an Education Health and Care Plan (EHCP), to enable schools to meet their statutory responsibilities under the Education Act 2011.	

	This targeted support is aimed at ensuring that the most vulnerable young people are supported into employment, education, or training post 16 or as they make their transition to adult life. The qualified and experienced TfC Careers and NEET Advisers can support pupils to make positive choices about their futures and help them overcome barriers to progression. TfC Careers and NEET Advisers have detailed local knowledge of post 16 provision, including sixth forms, training providers, apprenticeships, college, and employment opportunities.	
Education and Interventions		Service Contact Details and Referral Criteria
Careers and NEET Service KS4	<p>Together for Children Careers and Not in Education Employment or Training (NEET) Service Careers Education Information and Guidance (CEIAG) support for 'vulnerable' young people.</p> <p>The Department for Education provides no definition of what constitutes a 'vulnerable' young person. TfC Careers and NEET service has used detailed demographic knowledge of the locality to ensure that a balanced, objective definition is used to target support for students in areas of greatest need and have identified the following groups of year 11's in the main, who will receive support to make successful transitions and to remain engaged in learning:</p> <ul style="list-style-type: none"> • Young People with Education, Health and Care Plans at key transition stages (Year 8 or 9 and year 11, 13 or 14 if applicable) • Children who are Cared for and Care Experienced at key transition stages in Year 8 or 9 and 11 • Children on Early Help Plans who meet the Troubled Families 'financial exclusion' criterion (e.g., from workless households) • Children on Child Protection (CP) and Child in Need (CIN) Plans • Young Offenders currently supported by the Youth Offending Service • Pregnant teenagers, teenage mums and teenage dads involved in the upbringing of their child • Young Carers (registered with the Young Carers Service) • Gypsy, Roma, or those belonging to the Travelling Community • Refugees and Asylum Seekers • Children who are electively home educated (EHE) - although parents do not have to take up the offer <p>All Young People falling into the categories set out above will be entitled to access CEIAG support during Year 11 in order to secure successful transition into education, employment, or training opportunities (EET).</p> <p>Specific support for SEN students</p> <ul style="list-style-type: none"> • Where appropriate, Careers and NEET Advisers will attend annual Education, Health and Care (EHCP) Reviews for Year 8 or 9 depending on when GCSE's options are chosen and Year 11, 13 or 14 if applicable (provided at least two weeks' notice is given) 	<p>Contact the Careers and NEET Service Sunderland on 0191 561 4084 or email YP.careers@togetherforchildren.org.uk</p> <p>https://www.togetherforchildren.org.uk/children-young-people/careers-and-neet-service</p>

	<ul style="list-style-type: none"> Careers and NEET Advisers will meet with students and/or parents prior to review for guidance interview and to gather information for EHCP report Careers and NEET Advisers will contribute to the Education, Health and Care Plan (EHCP) by providing a professional written report. <p>Specific Support for Cared for and Care Experienced children and young people</p> <ul style="list-style-type: none"> Careers and NEET Advisers will attend Personal Education Plan (PEP) meetings for children and young people Cared for and Care Experienced, in Year 8 or 9 and Year 11 (provided at least two weeks' notice is given) and will contribute to the action plan Young people aged 18 and over will be supported through a named link Careers Advisor who will engage with Next Steps in order to develop and further strengthen partnership working. <p>Specific Support for YOS Young people</p> <ul style="list-style-type: none"> Named link Careers Advisor will engage with YOS in order to develop partnership working to support the needs of young people engaged with YOS. 	
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Theme 1: Staying Safe and General Wellbeing		South Tyneside and Sunderland Foundation Trust	
Service Overview			
<p>Sexual Health is an integral part of overall health, well-being and quality of life. Sexual and reproductive health (SRH) care does not just cover the provision on contraception and the treatment of sexually transmitted infections. It supports sexual wellbeing, irrespective of an individual's background, sexual orientation or gender identity. It begins with education and ends with encouraging post reproductive health across a person's life span.</p> <p>Prevention</p> <p>Sunderland Integrated Sexual Health Service Outreach Team offers a universal offer to secondary schools across to support the delivery of RSHE curriculum on subjects including, contraception, sexually transmitted infections and promoting access to sexual health services locally. The team co-ordinate and deliver the Sunderland C-Card Scheme alongside a range of partner agencies.</p> <p>Targeted</p> <p>The Young Person Contraceptive Nurse identifies those young people who are at high-risk of pregnancy and provides support and education with regards to contraception and sexual health within outreach settings, including children's homes/schools/colleges, with a particular focus on at-risk groups who may not access mainstream services.</p>			
Education and Interventions		Service Contact Details and Referral Criteria	Assessments

<p>Sunderland Integrated Sexual Health Service</p> <p>(South Tyneside and Sunderland NHS Foundation Trust)</p> <p>KS3 and KS4</p>	<p><u>Outreach Team Prevention</u></p> <p>Universal offer to all schools in Sunderland, including School “drop down” health intervention days.</p> <p>Year 9 – Conception, contraception, accessing local services, confidentiality and what to expect if you visit. Sexual Anatomy Classroom based 1 hour.</p> <p>Year 10 - Local C card service, condom use. Emergency contraception. Assembly 1 hour.</p> <p>Year 11 - STI's and local, internet and remote testing. Assembly 1 hour. Screening session during lunch or after school on premises. Sessions for school or units within schools that work with young people who need additional support.</p> <p>Link with various programmes and interventions such as the National Citizenship programme to deliver interventions around sexual health.</p> <p>Targeted</p> <p>5-week course covering Consent and the Law, Risk taking, Our bodies and feelings how they change, STI's and Contraception.</p> <p><u>Young Person Contraceptive Nurse</u></p> <p>A specialist, mostly targeted role, that delivers targeted activity to help reduce poor sexual health outcomes for those under 25 years and engagement with high risk groups, for example young parents, those with learning disabilities, asylum seekers and vulnerable young people.</p> <p>Prevention</p> <p>Training to partner organisations to broaden sexual health skills and knowledge, support national and local evidence based campaigns.</p> <p>Targeted</p> <p>Access to contraception (including Long-Acting Reversible Contraception and Emergency Hormonal Contraception).</p> <p>STI testing</p> <p>Pregnancy testing and pregnancy options advice.</p>	<p>https://www.sunderlandsexualhealth.nhs.uk/services/contraception/whats-available</p> <p>Telephone: 0191 569 9966</p> <p>Contact</p> <p>David Messenger D.messenger@nhs.net 007342066768 0191 5699966 ext42812</p> <p>Steve Emerson Steve.Emerson@nhs.net 07342066676 0191 5699966 ext42813</p> <p>Contact YPCN</p> <p>Allison Shovlin Young Persons Nurse Sunderland Sexual Health Service Telephone: (0191) 5656256 EXT 49114 Mobile 07826992827 allison.shovlin@nhs.net</p>	<p>The team complete an assessment of young person's individual needs. This includes: Assessment of Gillick / Fraser competence and any safeguarding concerns.</p> <p>Screening for sexual health- Chlamydia Screening Assessment for risk of Child Sexual Exploitation (CSE) Contraceptive needs.</p>
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	<p>Post-natal and post termination contraception pathways and emotional support to prevent secondary pregnancies.</p> <p>Outreach for young or vulnerable people who encounter barriers to mainstream service access.</p>		
Building Capacity and Training Training for professionals working with children, young people, and families Training for young people as peer educators			
Sunderland Integrated Sexual Health Service Outreach Team	<p>Training for community-based staff to allow the delivery of Level 1 Sexual Health Interventions (C Card and STI/dual screening)</p> <p>Training for parents and foster carers.</p> <p>Talking to your child about sex - a five-hour course delivered over 5 weeks to empower parents to talk about healthy sexual development.</p> <p>Contact David Messenger D.messenger@nhs.net 007342066768 0191 5699966 ext42812 Steve Emerson Steve.Emerson@nhs.net 07342066676 0191 5699966 ext42813</p>		

Theme 1: Staying Safe and General Wellbeing		Royal National Lifeboat Institution
Service Overview		
RNLI	<p>The RNLI saves lives at sea and beyond the work on our lifeboats and beaches, the RNLI are an active part of the community too. The RNLI are here to help you with everything you need to teach the children and young people in your classroom or group, how to stay safe in, on and around the water. The RNLI can coordinate these visits annually between February and November. As a lifesaving charity, the RNLI believe in prioritising the safety and welfare of people and sometimes this means the need to do more to protect the most vulnerable in our society.</p>	
Education and Interventions		Service Contact Details

RNLI	<p>Prevention:</p> <p>What do we offer? https://rnli.org/youth-education/educational-visits</p> <ul style="list-style-type: none"> • Classroom based water safety workshops for a range of age groups, delivered by our trained volunteers. • Youth and uniformed group visits delivered by our trained volunteers. • Virtual water safety workshops delivered by our trained volunteers. • Dedicated Lifeguards at SafetyWorks centre throughout the year. <p>How long does each workshop last?</p> <ul style="list-style-type: none"> • Each workshop lasts for between 30 minutes and 1 hour. <p>What age groups do we work with?</p> <p>This year, we would like to engage with the following age groups:</p> <ul style="list-style-type: none"> ○ Ages 5 to 7 ○ Ages 7 to 11 ○ Ages 11 to 14 ○ Ages 14 to 18 <p>What is covered in a session?</p> <p>We want young people to be safe and have fun around the water!</p> <p>Our volunteers will share our four fundamental water safety messages, which are:</p> <ul style="list-style-type: none"> - Stop & Think - Stay Together - Float - Call 999 or 112 <p>You'll learn how to spot a wide range of dangers, plan for a day out and identify an emergency situation – as well as understanding the effect cold water has on your body.</p> <p>Lower primary: age 3 to 7 years https://rnli.org/youth-education/education-resources/lower-primary</p> <p>Explore our comprehensive suite of water safety teaching activities and learning resources, aimed at younger primary school pupils.</p> <p>These activity packs provide you with teaching ideas to help children stay safer when they're near the water – whether at the coast, or inland by rivers, canals, lakes and reservoirs.</p> <p>They'll also learn what to do – and what not to do – if they ever see someone in trouble in the water.</p> <p>The Water Safety Passport gives children a solid grounding in our key water safety lessons – with additional activities to choose from, depending on what's most relevant for your class or group.</p> <p>Events https://rnli.org/youth-education/educational-visits</p>	<p>Our workshops have been developed to be adaptable for a range of abilities, age groups and audiences. Please let us know if your group have any specific requirements, support or additional learning needs in the booking form.</p> <p>https://rnli.org/youth-education/educational-visits/arrange-a-youth-education-presentation#your-workshop-details</p>
KS1, KS2, KS3 and KS4		

	<p>Our trained volunteers can attend a variety of events where they'll run water safety talks and RNLI-themed activities. We can come to fetes, Life Skills workshops or any other type of event you might be planning.</p> <p>Young people can learn about beach safety in one of our short, active group sessions. Our team can also offer a range of hands-on creative and educational activities based on saving lives at sea.</p> <p>Whatever your needs, we can tailor our service to suit you. Just tell us about your event and what you'd like us to do.</p> <p>Come and visit one of our museums https://rnli.org/youth-education/educational-visits</p> <p>We have a number of museums for you to visit around the UK and these can help bring alive the RNLI's long and exciting history to your school or youth group.</p> <p>Have a look around our Museums Pages for more information about visiting.</p>	https://rnli.org/youth-education/contact-our-water-safety-team/youth-education-enquiries#your-details
Resources for professionals working with children, young people, and families Resources for young people		
RNLI	<ul style="list-style-type: none"> • Access a range of resources - https://rnli.org/youth-education https://rnli.org/youth-education/education-resources https://rnli.org/youth-education/free-water-safety-workshops • Adults - The RNLI are experts on water safety. Whether you're heading to the beach, to the coast, or out to sea, we've collected together our essential safety advice so you can make the most of your time on the water. • Multi-lingual - language shouldn't be a barrier to getting our safety messages out to the diverse communities across the UK and Ireland. Here are some translated safety resources, to reach as many people as we can in our mission to save lives at sea. 	

Theme 1: Staying Safe and General Wellbeing		Tyne & Wear Fire and Rescue Service
Service Overview		
TWFRS	<p>SafetyWorks! is a facility serving the people of Tyne and Wear, managed and operated by Tyne and Wear Fire and Rescue Service in conjunction with partner agencies. The centre provides realistic and interactive scenarios which enable practical learning in a safe, controlled environment. They aim to make the communities of Tyne and Wear safer through education.</p> <p>This 'experiential learning' approach makes the experience involving and stimulating for visitors. All sessions provided at SafetyWorks! are tailored to the needs of the visiting group, and we ensure that the information provided is up to date and reflects current and emerging issues in our society.</p>	

	Alongside the SafetyWorks! Centre they also carry out a range of school sessions helping students with personal safety.	
Education and Interventions		Service Contact Details and Referral Criteria
TWFRS	<p>Prevention:</p> <p>Safety Works!</p> <p>A number of partner agencies work with centre, providing tailor made sessions to the groups who attend. Topics covered can include:</p> <p>Fire safety, Anti-Social Behaviour Fire messaging, water safety, peer pressure, drugs awareness, knife crime, road safety, metro safety, internet safety, safety around dogs and wellbeing.</p> <p>Targeted:</p> <p>Although the team see all Key Stages from Foundation through to KS5 at the centre, Year 6 and 8 are specifically invited for a session.</p> <p>Year 6 pupils are at a key age where they will likely have more freedom and independence, and will be transitioning to secondary schools. These sessions have set scenarios and messages designed for this age group to raise further awareness in fire safety, anti-social behaviour, peer pressure, personal safety and travel safety. All schools within Tyne and Wear receive a letter inviting them to make a free booking at the centre for their Year 6.</p> <p>All Secondary schools are invited to bring their Year 8 to the centre, whether this be the full year group or selected students who they feel may benefit more from the messages. These sessions include fire safety and the consequences of deliberate anti-social fires, water safety, rail safety and personal safety including drugs awareness.</p> <p>Other Key stages and community groups will receive messages depending on the needs of the groups and availability of partner agencies.</p> <p>Schools Education</p> <p>Our school education strategy compliments the work done at SafetyWorks! Ensuring they are educating pupils across a range of stages in their development. Below is a list of the lesson offered and the objectives:</p> <p><i>Home fire safety – KS2</i></p>	<p>SafetyWorks</p> <p>Lucy Fisher, SafetyWorks! Manager</p> <p>Lucy.fisher@twfire.gov.uk</p> <p>0191 4441131</p> <p>Schools Education</p> <p>Sarah Schofield, Education & Engagement Manager</p> <p>Sarah.schofield@twfire.gov.uk</p> <p>07900724027</p>
KS1, KS2, KS3 and KS4		

	<p>Learning objectives: To understand common fire hazards To understand the importance of smoke alarms To learn the 5 point escape plan</p> <p>Session topics: the fire triangle, hazard spotting, overloading, smoke alarms, escape plan and night time checks.</p> <p><i>Water Safety – KS3</i> Learning objectives: Be able to identify the dangers in and around water / ice Know the risks to your health Recognise peer pressure and develop strategies to avoid it Be able to help your friends and family stay safe</p> <p>Session topics: water safety code, dangers in the water, cold water shock, water safety code, float to live and peer pressure relating to water</p> <p><i>ASB – Deliberate fires – KS3</i> Learning objectives: Understand that your choices have consequences Understand the consequences of arson Understand that your actions can have serious short and long term effects for yourself and others Practical strategies to help deal with peer pressure</p> <p>Session topics: What is arson, consequences of arson, peer pressure and practical strategies to avoid peer pressure</p> <p><i>Pre-Driver Programme – KS4 / KS5</i> Learning objectives: To have a range of tips to help keep yourself safe as a passenger and driver Understand the potential consequences on the road, both as a driver and as a passenger. To have a range of strategies to help get you out of a difficult situation when you're in a vehicle.</p> <p>Session topics: the fatal four, legal requirements relating to driving such as penalty points, drink/drug driving limits, positive peer influence, how to be a safe passenger and peer pressure with practical tips.</p>	
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Building Capacity and Training <ul style="list-style-type: none"> • Training for professionals working with children, young people, and families • Training for young people as peer educators 	
TWFRS	SafetyWorks! can be used by community groups as well as schools, and also hired out for use for filming, scenario based learning etc

Theme 1: Staying Safe and General Wellbeing		Sunderland City Council Public Health
Service Overview		
Public Health	Local Authorities have been responsible for improving the health of their residents since April 2013, through a range of public health functions and five specific responsibilities described by law, including the National Child Measurement Programme. Sunderland City Council Public Health aim to promote healthy living, tackle health inequalities, and put plans in place so that everyone has the knowledge they need to help themselves stay healthy.	
Education and Interventions		Service Contact Details
Public Health	Healthy Settings Healthy Settings supports public healthy places by taking a place-based approach to supporting secondary schools to improve health and wellbeing outcomes of students and staff.	For Healthy Settings support please contact ryan.houghton@sunderland.gov.uk
KS3, KS4 and further education		
Year 4 and 6 Year 8 and 10	Sunderland Health Related Behaviour Survey The Health Related Behaviour Survey (HRBS) gathers data on the health behaviours of children and young people in Sunderland schools. Conducted biennially, the survey targets key developmental stages (years 4, 6, 8, and 10) covering a diverse range of topics. Developed by the Schools Health Education Unit (SHEU), the questionnaire provides detailed, individual results for participating schools, as well as a comprehensive summary report for the wider Sunderland area. This data assists Sunderland City Council and its partners in effectively planning and delivering services. The HRBS maintains strict anonymity, ensuring that no identifiable data is shared. Find previous survey results here .	For schools who would like to take part in the HRB Survey, please contact mia.lough@sunderland.gov.uk with any queries or to sign up.

Theme 1: Staying Safe and General Wellbeing		Domestic Abuse
Service Overview		
<p>The Domestic Abuse Act 2021 provides improved protection for the many victims of domestic abuse (DA) as well as strengthened measures to tackle perpetrators. For local authorities, the act places a statutory framework for the delivery of support to victims of domestic abuse and their children in safe accommodation and provides clarity over governance and accountability. The Sunderland Domestic Violence Partnership - Sunderland City Council</p>		
Education and interventions		
KS1, KS2, KS3 and KS4	<p><u>Operation Encompass</u></p> <p>Children and young people who witness domestic abuse are often deeply affected. Going to school, often straight after this happens, means they will often arrive upset and unprepared. It also can often mean that teachers are not aware of their situation.</p> <p>Through Operation Encompass, the team work with local police and schools to share information about domestic abuse incidents, making sure that a key adult at school is made aware early enough to support a child or young person in the best way possible. Schools will receive information before the start of the next school day when:</p> <ul style="list-style-type: none"> • police have attended a domestic abuse incident • a child of school age is present in the household at the time of the incident, either in the same or a separate room • the incident has been assessed to be a high or medium risk incident of domestic abuse 	
KS1, KS2, KS3 and KS4	<p><u>Get Support Wearside Women in Need – CYP</u></p> <p>Children and young people (CYP) are impacted by domestic abuse, even if they don't see or hear the abuse happening. For some, it is difficult to make sense of and they may need some help. Every child is different and the effects of living with domestic abuse will be different too.</p> <p>How WWiN can help:</p> <ul style="list-style-type: none"> • Group sessions with other children and young people their age • Joint work with the child or young person and the non-abusive parent <p>Get Support: How we can help WWiN</p>	
Training	<p>WWiN service offer bespoke training, so for example if there is a cohort of teachers within education that need Domestic Abuse training. Please get in touch with WWiN to receive a price and date to deliver a bespoke offer for your setting.</p>	

	Sunderland Safeguarding Children Partnership (SSCP) offer a range of Sunderland specific learning opportunities and training sessions, including Domestic Abuse, which is free of charge to any colleague working with children, young people and professionals throughout Sunderland. Sunderland Safeguarding Children Partnership - Welcome to the Workforce Development & Training pages
Other useful links for CYP services / information around DA:	Children and young people - SafeLives tfc sunderland - Search (bing.com) How we can help WWIN Home : Operation Encompass Alice Ruggles Trust Putting an end to stalking Healthy relationships NSPCC Act On It Now

Theme 1: Staying Safe and General Wellbeing		Sunderland Music Hub
Service Overview		
<p>Sunderland Music Hub delivers, supports and champions music-making activity across the city. They aim to unlock musical potential and ensure young people have opportunities to progress regardless of their background. They give equal weight to all music-making activity, whether formal or non-formal and regardless of instrument, genre or skill level. The Sunderland Music Hub recognise the potential of music to change lives and therefore encourage children and young people to engage in music-making activity through the aim to make Sunderland the best place to be a young musician.</p>		
Education and interventions		
Musical Nurture Groups KS1 and KS2	<p>An in-school 'musical intervention', which aims to build resilience and raise self-esteem in children at risk of poor outcomes due to Social Emotional Mental Health, behaviour and/or confidence difficulties.</p> <p>Over the course of 20 weeks children identified by schools at being at risk of poor outcomes will take part in music making activities, led by Community Musicians, which explore self-expression, increase self-awareness, and develop a sense of belonging.</p> <p>What impact will a Musical Nurture Group have on pupils?</p> <p>Music is intrinsically linked to our body's natural feel-good chemicals and is proven to boost self-esteem, help us feel calm and relaxed, help us draw on our emotions, promote self-expression, reduce agitation and alleviate stress.</p>	

	<p>Sunderland Music Hub delivered a Musical Nurture Group pilot project in Northern Saints Primary School during the academic year 2021/22. Outcomes reported by schools, project staff, parents and children included:</p> <p>“She is able to share her emotions more and recognises how she is feeling.” Teacher of Child E</p> <p>“I have seen an improvement in his confidence and patience at home.” Parent of Child D</p> <p>“Child D learned to be more considerate and give space to the others” Tutor of Child D</p> <p>“Music class makes me feel happy and I enjoy coming to music class” Child C</p> <p>How many children will benefit?</p> <p>Small group (2-6 pupils)</p> <p>What support is provided by schools?</p> <p>Identify pupils who would benefit from this type of musical intervention.</p> <p>Access to the same children each week over the length of the project.</p> <p>Provide a suitable space for workshops to take place.</p> <p>Provide a TA or other appropriate staff member to support workshops.</p> <p>Cost to schools: £965.00 per school</p>
<p>Bespoke Musical Interventions and effective signposting</p> <p>KS3 and KS4</p>	<p>Sunderland Music Hub can provide bespoke musical interventions that support young people to progress personally and socially as well as musically.</p> <p>Sunderland Music Hub can also provide effective signposting to external musical opportunities that support well-being.</p> <p>For more information, please contact Liam Huitson, Musical Inclusion Officer at Sunderland Music Hub: Liam.Huitson@sunderland.gov.uk</p>

Theme 1: Staying Safe and General Wellbeing		Sunderland Culture	
Service Overview			
Sunderland Culture is a charitable trust and Arts Council England funded National Portfolio Organisation that delivers creative learning activities and programmes supporting the health and wellbeing of children and young people. These programmes take place in key cultural venues in Sunderland including Arts Centre Washington, National Glass Centre, Northern Gallery for Contemporary Art (NGCA) and Sunderland Museum & Winter Gardens. There is also a citywide programme working with children and young people in community and partner organisation settings.			
Education and interventions			
KS1, KS2, KS3 and KS4	Examples of health and wellbeing programmes and resources include: <ul style="list-style-type: none">• Culture Start Culture Start Sunderland Culture. Improving wellbeing and confidence by providing equal opportunities and access to cultural engagement.• Autonomy Project; Autonomy project helps to reduce Isolation among autistic people Sunderland Culture.• Performances at Arts Centre Washington focused on health issues such as diabetes and eating disorders. Health and wellbeing films can also be screened in the venue.• Health and wellbeing school resources: Learn & Create with Sunderland Culture.		
To get in touch and discuss opportunities please contact our team of experienced learning and engagement staff:	Programme/Venue	Contact	E-mail
	Citywide projects and programmes e.g. Autonomy	Vicki Kennedy, Head of Learning, Sunderland Culture	vicki.kennedy@sunderland.gov.uk
	Culture Start	Michael Barrass, Culture Start Manager	michael.barrass@sunderlandculture.org.uk
	Arts Centre Washington	Rachel Hamer, Young People & Communities Producer	Rachel.hamer@sunderlandculture.org.uk
	National Glass Centre and Northern Gallery for Contemporary Art (NGCA)	Lucy Lax, Learning and Engagement Manager	lucy.lax@sunderlandculture.org.uk
	Sunderland Museum & Winter Gardens	Jennie Lambert, Public Engagement & Learning Manager	Jennie.lambert@sunderland.gov.uk

Theme 1: Staying Safe and General Wellbeing		Libraries
KS1, KS2, KS3 and KS4	<p>There are currently four Universal Library Offers:</p> <p>Culture and Creativity Enabling local communities to enjoy high-quality arts and cultural experiences through libraries.</p> <p>Health and Wellbeing Supporting the health and wellbeing of communities through services that inform, engage and connect.</p> <p>Information and Digital Ensuring communities can access quality information and digital services, learn new digital skills and feel safe online.</p> <p>Reading Building a literate and confident society by developing, delivering and promoting creative reading activities in libraries.</p> <p>You can access all of these offers at Houghton, Washington or City library. Class visits can be arranged for anyone that would like to visit our spaces to learn more. Please contact craig.smith@sunderland.gov.uk or visit www.sunderland.gov.uk/libraries for further information.</p>	

Theme 1: Staying Safe and General Wellbeing		Inspired
KS1, KS2, KS3 and KS4	<p>InspirEd is the Cultural Education partnership for Sunderland. They support and connect cultural organisations, freelancers and education settings and can signpost children, young people and teachers, schools and other educational settings to events, regular groups and opportunities. Contact beth.ross@sunderland.gov.uk or follow @inspiredsunderland on Instagram and Facebook.</p>	

Theme 1: Staying Safe and General Wellbeing	Resources
National resources to encourage emotional health and wellbeing	<p>PSHE resource library, including lesson plans and assessment tools to help develop the PSHE curriculum.</p> <p>Better Health School Zone: offers teaching resources for Key Stages 1,2,3 and 4 to support the relationships, sex and health education curriculum and enable teachers to support the wellbeing of students.</p> <p>Sexual health is a core part of RSE, but how easy is it to explain what it means and how it links with mental health? This Sex Education Forum new Easy Read guide gives a definition of sexual health using pictures and accessible language. The tool can be used to build a shared understanding of sexual health, by:</p> <ul style="list-style-type: none"> • introducing the topic of sexual health, especially to learners with SEND • outlining your approach to parents • getting feedback from students on gaps in learning. <p>Child Exploitation and Online Safety CEOP Safety Centre</p> <p>The NSPCC have a range of resources on healthy relationships and harmful sexual behaviour, including peer-on-peer and child-on-child sexual abuse. These can be used by anyone who works or volunteers with children and young people. Resources on peer-on-peer sexual abuse in education and healthy relationships NSPCC Learning</p> <p>Home - Injury Minimization Programme for Schools (I.M.P.S.) empowers children to take responsibility for managing their own risk and equip them with the skills to cope in an emergency.</p>